

DBT Team / Equipo DBT BUENOS AIRES - ARGENTINA



PABLO GAGLIESI MD Psychotherapy, psychopharmacology, academic teaching, psychoeducational workshops, research, team management and administration, PTSD treatments and EMDR.

GUILLERMO LENCIONI MA Psychotherapy, PTSD treatments, academic teaching, skills training, psychoeducational workshops, cognitive therapy.

CAROLA PECHON MA Psychotherapy, academic teaching, skills training, psychoeducational workshops, PTSD treatments, behavioral and family therapy.

IOANA POULISIS MD Psychopharmacology, eating disorder treatment.

CORRINE STOEWSAND PHD Psychoeducational workshops, skills training, research, and administration.

Referrals (48)

1 CHENTS

Find Bailar Suelto:

Through the internet, friends, NA, AA, or other sources

2. FAMILIES

Seek treatment for loved ones who:

Usually have had previous psychotherapy
May or may not have been accurately diagnosed
May or may not desire treatment

3. MENTAL HEALTH PROFESSIONALS

Refer clients for one or more of:

Group skills training
Individual psychotherapy
Parent/family workshops
Pharmacology Tx
Need Consultation/Support or Just Burned Out

Evaluation and Admission

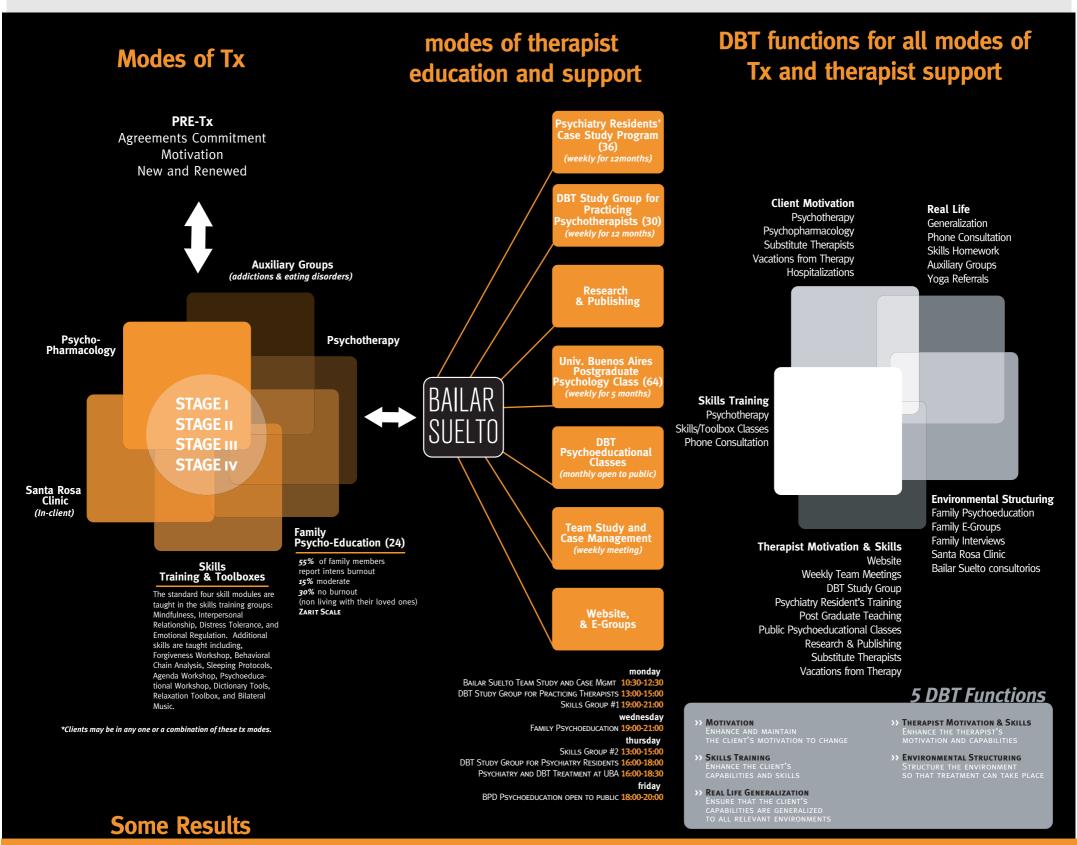
Bailando Suelto DBT Program admits clients with one of more of the following criteria:

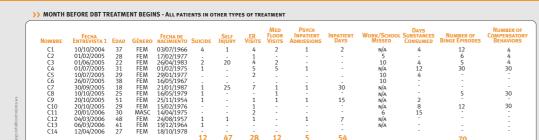
- >>> Problems and behaviors that can be fully explained by borderline personality disorder
- >>> Diverse co-morbid diagnoses (panic attacks, generalized anxiety, chronic depression, etc)
- >>> Clients with diagnoses of bipolar disorder who have not been relieved of their suffering with treatment that is typically effective for bipolar disorder
- >>> Histories of trauma with problems not explained by post-traumatic stress and not resolved with regular Tx
- >> Chronic and insidous depression and interpersonal problems who have not responded to other Tx
- >>> Multiple and chronic interpersonal problems (isolation, loneliness, alienation)
- >> Persons who are highly vulnerable emotionally
- >>> Recurring ideation or behaviors of suicide
- >> Eating disorders not resolved with specific previous Tx and with motivation to change their behavior and participate in nutrition counseling
- >> Drug or alcohol abuse problems who are appropriately motivated to change their behavior in out-patient Tx and also participate in NA or AA.

The average age of clients in the practice is 25, ranging from 15 to 54. Over 90% of the clients are women.

TOOLS:

DSM IV for Interview (5 axes), (SADS) (FNE) (SASS) (STAI) DIB-R (BDI) (CGI) (STAIC) (STAXI) (FNE)





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